

## Suggested Reading list for Kailash-Mansarovar Yatra

<b>Name of Books</b>	<b>Publication</b>	<b>Writer</b>
THE WAY OF THE WHITE CLOUDS	London, Rider & Company	By Lama Anagarika Govinda
CIRCLING THE SACRED MOUNTAIN	Bantam Books	Robert Thurman & Tad Wise
HIMALAYAN TRADERS	London, John Murray	By Christoph Von Furer-haimendorf
KAILASH MANASAROVAR		By Swami Pranavananda, Delhi
TO THE NAVEL OF THE WORLD	London, Hamish Hamilton Ltd.	By Peter Somerville-Large
THE SACRED MOUNTAIN	East West Publications	By John Snelling
THE POCKET DOCTOR		By Stephen Bezruchka
MOUNTAIN SICKNESS		By Peter Hackett
POCKET FIRST AID & WILDERNESS MEDICINE		BY Dr Jim Duff & Dr Peter Gormly