

**Kailash-Mansarovar Yatra with  
Janakpur-Devghat-Valmiki Ashram-Lumbini-Muktinath  
(15 July-6 Aug, 2020)**



**Trip Features:**

Total Duration: 22 Nights/23 Days

Yatra Grading: Moderate to Strenuous

Best Months: May to September

Yatra Starts/Ends: In Kathmandu, Nepal

Accommodation: Hotels in Nepal, Lhasa, Shigatse and Saga; Basic Guest Houses in other places in Tibet

### **Yatra Highlights:**

- Darshan of Janakpur, Devghat, Valmiki Ashram and Lumbini.
- Enjoy serenity of Pokhara.
- Darshan of Muktinath Darshan.
- Pashupatinath, Doleshwor Mahadev and Jalnarayan Darshan.
- Rudravishek at Shankaracharya Math.
- A complete Darshan of abodes of Brahma (Mansarovar Lake, Vishnu (Tirthapuri) and Maheshwor (Mount Kailash).
- Mansarovar Lake Parikrama by coach.
- Charansparsha Darshan.
- Complete outer Kailash Parikama.
- Darshan of Nandi Parvat, Ashtapada and Tirthapuri.
- Visit major sacred sites of Lhasa, the holiest city for Buddhists, namely Potala Palace and Jokhang temples. These two sites reflect Tibetan history, culture and civilization.
- A Chartered Helicopter Ride with breathtaking mountain views from Kerung to Kathmandu.

### **DAY-TO-DAY BRIEF ITINERARY:**

**Day 1 (15 July, 2020):** Arrive in Kathmandu, transfer to hotel and briefing about only extended Yatra.

**Day 2 (16 July, 2020):** Fly to Janakpur and drive to Chitwan after Darshan of Janaki Temple and other important sites of Janakpur.

**Day 3 (17 July, 2020):** Visit Devghat and wildlife safari in Chitwan National Park.

**Day 4 (18 July, 2020):** Visit Valmiki Ashram and drive to Lumbini.

**Day 5 (19 July, 2020):** Explore major highlights of Lumbini and drive to Pokhara.

**Day 6 (20 July, 2020):** Fly to Jomsom and drive to Muktinath.

**Day 7 (21 July, 2020):** Fly to Pokhara and explore major highlights of Pokhara; notably, Gupteshwor Mahadev Cave, Davi's Fall and boating on Fewa Lake.

**Day 8 (22 July, 2020): Fly to Kathmandu and join for** Budhanilkantha and Doleshwor Mahadev Darshan; briefing about Kailash-Mansarovar Yatra.

**Day 9 (23 July, 2020):** Rudravishek, Puja, Pashupatinath Darshan and trip preparation.

**Day 10 (24 July, 2020):** Fly to Lhasa Gonggar Airport (75minute flight), drive (1.5 hour) to holy city Lhasa (3,700m) and briefing about Tibetan history, culture and civilization.

**Day 11 (25 July, 2020):** A day in Lhasa for sightseeing and acclimatization.

**Day 12 (26 July, 2020):** Drive (5-6 hours) to Shigatse (3,900m) and briefing about following day's program.

**Day 13 (27 July, 2020):** Drive (7-8 hours) to Saga (4,450m) and briefing about following day's program.

**Day 14 (28 July, 2020):** Drive (8-9 hours) to Mansarovar Lake (4,588m) and briefing about following day's activities.

**Day 15 (29 July, 2020):** Havan, holy dip, Tirthapuri visit and drive to Darchen (4,700m)

---

**Day 16 (30 July, 2020): First day of Kailash circumambulation:** Drive (30 minutes) to Yamadwara and commence trekking (4-5 hours) to Driraphuk (4,920m).

**Day 17 (31 July, 2020): Charan Sparsh Day:** Hike (2-3 hours) to Charan Sparsha and return (1-2) to Driraphuk (4,920m).

**Day 18 (1 Aug, 2020):** Cross over the challenging Dolma La Pass (5,650m) and trek (6-7 hours) to Zutulphuk (4,800m) after having darshan of Gaurikunda.

**Day 19 (2 Aug, 2020):** Trek (2-3 hours) to Tangsar **(Shree Kailash circumambulation concludes here)** and drive to Mansarovar Lake (4,588m).

**Day 20 (3 Aug, 2020): Full Moon Day:** Take a ritual bath at Mansarovar Lake and drive to Saga (4,550m).

**Day 21 (4 Aug, 2020):** Drive (4-5 hours) to Timure and fly to Kathmandu by helicopter.

**Day 22 (5 Aug, 2020):** A contingency day just for in case.

**Day 23 (6 Aug, 2020):** Trip concludes and depart for onward journey.

### **Karnali Excursions, Nepal**

In front of Hotel Yak and Yeti, Paryatan Marg, Kathmandu, Nepal

Tel: +977 14233192, E: [karnaliexcursions@gmail.com](mailto:karnaliexcursions@gmail.com)

[www.karnaliexcursions.com](http://www.karnaliexcursions.com)