

USEFUL TIBETAN WORDS FOR Kailash-Mansarovar Yatra

TIBETAN WORDS AND BASIC SENTENCES		
S.NO.	ENGLISH WORDS/SENTENCES	TIBETAN WORDS/SENTENCES
1	Hello	Tashi Deleg
2	Thank you	Thuje Che
3	Goodbye	Kah---leh phe
4	You are welcome	Kay---nang---gi ma---ray
5	Excuse me	Kyok---tsenanda
6	I am sorry	Gong---dhaa
7	Please !	Thu---jezig/ku---chee
8	Very good	Yag---po zhe daa
9	Yes	Rey, yin, dhoo
10	No	Ma---rey, meyn, min---dhoo
11	How are you?	Keh---rang ku---su de---bo yin---peh?
12	I am fine. La yin.	Ngah sug---po de---bo yin.
13	So, so.	A---o---tsam
14	Not yet.	Dha---ta---ren min---dhoo.
15	Is it really!	Ngu---ney!
16	Good luck!	Tashi deleg!
17	Nice to meet you.	Khye ran jel---ne ga---po joong.
18	See you later.	Jay---la jay---yong.
19	No problem.	Keh---nang---gi mah---ray.
WH QUESTION WORDS		
S.NO.	ENGLISH WORDS/SENTENCES	TIBETAN WORDS/SENTENCES

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1	What?	Kah---ray?
2	Who?	Su?
3	Where?	Kah---bah?
4	When?	Kah due?
5	Why?	Kah---ray chay---nay?
6	How?	Kahn---day?
7	How (in what manner)?	Kahn---day see?
8	Do you have?	Keh---rhang la dep yoe---pay?
9	How much?	Kah---tsay?
10	Do you like?	Khe rang dep la gah---bo---yoe---pay?
11	What is this?	Dee kah---ray ray?

INTRODUCTORY QUESTIONS

S.NO.	ENGLISH WORDS/SENTENCES	TIBETAN WORDS/SENTENCES
1	What is your name?	Keh---rahng gi ming la kay---rey yin?
2	My name is Sonam, and what about yours?	Ngah Sonam, yin ani keh---rahng?
3	How old are you?	Khe---rang gong--- lo ga---tshey yin?
4	I am 25 years old.	Nga lo nyi shu tsah ngah yin.
5	Where are you from?	Keh rahng long---ba kah---nay yin?
6	I am from Nepal.	Ngah Nepal nay yin.
7	I have been in Tibet 3 months.	Ngah boe---la dawa sum day---pa yin.
8	What is your job?	Kye---rang lay---ka gah---ray ray?
9	I am an English teacher.	Ngah injee gay---gen yin.
10	Where do you live?	Dah---da---ka---ba dey---gi yoe?
11	I live in Lhasa.	Ngah Lha---sa la dey---gi yoe.
12	Are you married?	Keh---rang Trungsa---Kyon sin---pe?

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NUMBERS								
NO.	ENGLISH	TIBETAN	No.	ENGLISH	TIBETAN	No	ENGLISH	TIBETAN
0	Zero	Leh---go	8	Eight	Geh	40	Forty	Sheep chu
1	One	Chik	9	Nine	Gu	50	Fifty	Ngap chu
2	Two	Nyi	10	Ten	Chu	60	Sixty	Trook chu
3	Three	Sum	11	Eleven	Chu chik	70	Seventy	Dun chu
4	Four	Shi	12	Twelve	Chu nyi	80	Eighty	Geh chu
5	Five	Ngah	13	Thirteen	Chug sum	90	Ninety	Gup chu go
6	Six	Trook	20	Twenty	Nyi shu	100	Hundred	Gyah tamba
7	Seven	Dun	30	Thirty	Sum chu	1000	Thousand	Chik tong
PRONOUNS AND RELATIVE PRONOUNS								
S.NO.	ENGLISH		TIBETAN					
1	I		Ngah					
2	You		Keh---rahng					
3	He/She		Khong					
4	We		Nhag---tso					
5	You(Plural)		Keh---rahng---tso					
6	They		Khong -tso					
7	Me		Ngah la					
8	You		Keh---rang la					
9	Him/Her		Khong la					
10	You (plural)		Keh---rahng---tso la					
11	Us		Ngah---to la					

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12	Them	Khong---tso la
13	My	Ngey
14	Your	Keh---rahng gi
15	His/Her	Khong gi
16	Our	Ngah tso
17	Your	Keh rahng so
18	Their	Khong tso
19	Mother	Ah---ma la
20	Father	Pah la
21	Older Brother	Cho la
22	Older sister	Ah---cha la
23	Grand mother	Mo la
24	Grand father	Po la

BASIC TIBETAN VERBS

S.NO.	ENGLISH	TIBETAN	SN	ENGLISH	TIBETAN
1	Eat	Cho Sha	15	Be/Exist	Yin you pa
2	Drink	Choe, Thung	16	Work	Lay---ka---chay
3	Go	Dro	17	Play	Tesh---mo---tseh
4	Have	Yoe	18	Buy	Nyo---pa
5	Like	Nangwa---dro--- po	19	Sell	Tsong---pa
6	Want	Goe---pa	20	Give	Treh
7	Sleep	Nyi---kuk---pa	21	Take	Len pa
8	Talk	Kay---cha shepa	22	Come	Yongwa/shok
9	Listen	Nyen---pa	23	Open	Go---che

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10	Understand	Ha---kho	24	Close	Go---gyab
11	Teach	Lahp	25	Climb	Tsah
12	Walk	Khom---ba gyab	26	Read	Lohk
13	Study	Lopiung chay	27	Travel	Tah---kor chay
14	Write	Dree	28	Live	Dey---pa/Shug

ADJECTIVES

S.NO.	ENGLISH	TIBETAN	SN	ENGLISH	TIBETAN
1	Happy	Key---poo	19	Good	Yahk po
2	Bad	Duk Cha	20	Difficult	Kah---leh kahk---po
3	Easy	Leh---lah---bo	21	Loud	Keh---chen---po
4	Sad	Kyo---poo	22	Quiet	Ka kah dhe
5	Hot	Tsah---po	23	Slow	Kah---leh
6	Cold	Trahng---mo	24	Fast	Gyok---po
7	Delicious	Shim---bu	25	Old	Gen---go
8	Not tasty	Shim---bu min---du	26	Young	Lo choong choong shonpa
9	Big	Chen---po	27	Old	Nying---pa
10	Small	Choong choong	28	New	Sar---pa
11	Beautiful	Zeh---ma, nying jeh---mo	29	Tired	Thang che
12	Ugly	Doh nye---bo	30	Real	Ngu---ney
13	Cheap	Kong---chung---chung	31	Fake	Zoo---mah
14	Expensive	Kong---chang---po	32	Wet	Lom---pa
15	Hungry	Tro---go to	33	Dry	Kahm---po
16	Full	Gyuck---song	34	High	Tho---po

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17	Right	Dig---pa	35	Low	Mah---bo
18	Wrong	Nor			
DAYS AND MONTHS					
SN	ENGLISH	TIBETAN	SN	ENGLISH	TIBETAN
1	Sunday	Sah nyi---ma	12	January	
2	Monday	Sah dah---wah	13	February	Dawa neepa
3	Tuesday	Sah---mik---mar	14	March	Dawa songpa
4	Wednesday	Sah Lhak---pa	15	April	Dawa Shewa
5	Thursday	Sah phur---bu	16	May	Dawa shewa
6	Friday	Sah---pah---sahng	17	June	Dawa tukpa
7	Saturday	Sah pem---pa	18	July	Dawa dungpa
8	Today	Thi---ring	19	August	Dawa gyepa
9	Tomorrow	Sahng---nyi	20	September	Dawa gupa
10	Last week	Dun---tha Nyema	21	October	Dawa chupa
11	Next Week	Dun---tha Jeyma	22	November	Dawa juk chipa
			23	December	Dawa jung neepa