

**Kailash-Mansarovar Yatra with  
Janakpur-Devghat-Valmiki Ashram-Lumbini-Muktinath  
(18 May-8 June, 2020)**



**Trip Features:**

Total Duration:	21 Nights/22 Days
Yatra Grading:	Moderate to Strenuous
Best Months:	May to September
Yatra Starts/Ends:	In Kathmandu, Nepal
Accommodation:	Hotels in Nepal, Lhasa, Shigatse and Saga; Basic Guest Houses in other places in Tibet

### **Yatra Highlights:**

- Darshan of Janakpur, Devghat, Valmiki Ashram and Lumbini.
- Enjoy serenity of Pokhara.
- Darshan of Muktinath Darshan.
- Pashupatinath, Doleshwor Mahadev and Jalnarayan Darshan.
- Rudravishek at Shankaracharya Math.
- A complete Darshan of abodes of Brahma (Mansarovar Lake, Vishnu (Tirthapuri) and Maheshwor (Mount Kailash).
- Mansarovar Lake Parikrama by coach.
- Charansparsha Darshan.
- Complete outer Kailash Parikama.
- Darshan of Nandi Parvat, Ashtapada and Tirthapuri.
- Visit major sacred sites of Lhasa, the holiest city for Buddhists, namely Potala Palace and Jokhang temples. These two sites reflect Tibetan history, culture and civilization.
- A Chartered Helicopter Ride with breathtaking mountain views from Kerung to Kathmandu.

### **DAY-TO-DAY BRIEF ITINERARY:**

**Day 1 (18 May, 2020):** Arrive in Kathmandu, transfer to hotel and briefing about only extended Yatra.

**Day 2 (19 May, 2020):** Fly to Janakpur and drive to Chitwan after Darshan of Janaki Temple and other important sites of Janakpur.

**Day 3 (20 May, 2020):** Visit Devghat and wildlife safari in Chitwan National Park.

**Day 4 (21 May, 2020):** Visit Valmiki Ashram and drive to Lumbini.

**Day 5 (22 May, 2020):** Explore major highlights of Lumbini and drive to Pokhara.

**Day 6 (23 May, 2020):** Fly to Jomsom and drive to Muktinath.

**Day 7 (24 May, 2020):** Fly to Pokhara and explore major highlights of Pokhara; notably, Gupteshwor Mahadev Cave, Davi's Fall and boating on Fewa Lake.

**Day 8 (25 May, 2020):** **Fly to Kathmandu and join for** Budhanilkantha and Doleshwor Mahadev Darshan; briefing about Kailash-Mansarovar Yatra.

**Day 9 (26 May, 2020):** Rudravishek, Puja, Pashupatinath Darshan and trip preparation.

**Day 10 (27 May, 2020):** Fly to Lhasa Gonggar Airport (75minute flight), drive (1.5 hour) to holy city Lhasa (3,700m) and briefing about Tibetan history, culture and civilization.

**Day 11 (28 May, 2020):** A day in Lhasa for sightseeing and acclimatization.

**Day 12 (29 May, 2020):** Drive (5-6 hours) to Shigatse (3,900m) and briefing about following day's program.

**Day 13 (30 May, 2020):** Drive (7-8 hours) to Saga (4,450m) and briefing about following day's program.

**Day 14 (31 May, 2020):** Drive (8-9 hours) to Mansarovar Lake (4,588m) and briefing about following day's activities.

**Day 15 (1 June, 2020):** Havan, holy dip, Tirthapuri visit and drive to Darchen (4,700m)

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**Day 16 (2 June, 2020): First day of Kailash circumambulation:** Drive (30 minutes) to Yamadwara and commence trekking (4-5 hours) to Driraphuk (4,920m).

**Day 17 (3 June, 2020): Charan Sparsh Day:** Hike (2-3 hours) to Charan Sparsha and return (1-2) to Driraphuk (4,920m).

**Day 18 (4 June, 2020):** Cross over the challenging Dolma La Pass (5,650m) and trek (6-7 hours) to Zutulphuk (4,800m) after having darshan of Gaurikunda.

**Day 19 (5 June, 2020): Full Moon Day:** Trek (2-3 hours) to Tangsar (**Shree Kailash circumambulation concludes here**) and drive to Mansarovar Lake (4,588m) after having lunch at Darchen.

**Day 20 (6 June, 2020):** Drive to Saga (4,550m). After Having morning Darshan of Mansarovar Lake and having breakfast, we will drive (5-6 hours) to Saga.

**Day 21 (7 June, 2020):** Drive (4-5 hours) to Timure and fly to Kathmandu by helicopter.

**Day 22 (8 June, 2020):** Trip concludes and depart for onward journey.

### **Karnali Excursions, Nepal**

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